

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK1	Main Option	Tomato Basil Pasta [G] Mix Dal [Mu,Su] with Rice/Naan [G]	Hot Dog [G,S,Su] with Wedges Kadhi [D,Mu] with Veg Pulao	Veg Stir Fry Noodles with Tofu [Ce,G,S] Black Eyed Beans [Mu,Su] with Rice/Naan [G]	Jacket with Beans & Cheese [D] Pav Bhaji [D, G, Mu, Su]	Pizza [D, G] & Chips Veg Biryani [Mu] with Raita [D]
	Light Meal	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Greens & Salad of the day Fresh salad bar, bread & fruits	Greens & Salad of the day Fresh salad bar & fruits
	Dessert	Mix Berry Yoghurt [D]	Fruit Jelly	Apple Crumble [D,G] with Custard [D]	Mousse	Ice Cream [D]
WEEK2	Main Option	Roasted Veg Pasta [G, D] Moong [Mu, Su] with Rice / Naan	Waffle [G] with Beans & Cheese [D] Butter Beans [Mu,Su] with Rice /Naan	Vegetable Panini [D,G] Cabbage, Peas & Potato Curry [Mu] With Naan/Rice [G]	Sausage [G, S,Su], Mash [D] & Gravy Chana Masala [Mu,Su] with Rice/Naan [G]	Pizza [D,G] & Chips Veg Fried Rice [S,G]
	Light Meal	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Greens & Salad of the day Fresh salad bar & fruits
	Dessert	Mango Yoghurt [D]	Peach Crumble [D,G] with Custard [D]	Tray Bake [D,G,Su]	Fruit Jelly	Ice Cream [D]
WEEK3	Main Option	Veg Pasta [D,G] Dal Palak [Mu] with Rice/Naan [G]	Fish Fingers [G] with Mash Potato [D] and Peas Mix Veg [Mu,Su] with Rice/Naan [G]	Aloo Paratha [D,G,Su] with Raita [D] Mutter Paneer [D,Mu,Su] with Rice/Naan [G]	Cheese N Herb Pasty [D,G] with Masala Beans [Su] Idli/Rice with Sambhar [Mu,Su]	Pizza [D,G] & Chips Khichdi [Mu] & Raita [D]
	Light Meal	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Jacket Potato with toppings [D] Greens & Salad of the day Fresh salad bar, bread & fruits	Greens & Salad of the day Fresh salad bar & fruits
	Dessert	Fruit Yoghurt [D]	Pear Crumble [D,G] with Custard [D]	Rice Pudding / Kheer [D]	Tray Bake [D,G,Su]	Ice Cream [D]

Allergens:

(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1: 1/9, 22/9, 13/10, 17/11, 8/12, 19/1, 9/2

Week 2: 8/9, 29/9, 3/11, 24/11, 5/1, 26/1

Week 3: 15/9, 6/10, 10/11, 1/12, 12/1, 2/2

Ekadashi Dates*: 3/9, 17/9, 3/10, 17/10, 1/12

*Menus will be changed for these dates to suit Ekadashi