

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Spaghetti in Red Sauce (Ce,D,G) Salad & Fruits	Black Eyed Beans (Mu,Su) & Rice Salad & Fruits	Kadhi (D,Mu,Su) with Pulao Salad & Fruits	Pav Bhaji (D,G,Su) Salad & Fruits	Pizza (Ce,D,G) & Chips Salad & Fruits
	Tea-Time Meal	Sandwich (D,G)	Cheesy Bean Roast Toast (D,G)	Mexican Tacos (D,Su)	Paneer Wrap (D,G,S,Su)	Soup & Bread [G]
	Dessert	Fruit Yoghurt (D)	-	-	-	-
WEEK 2	Main Option	Mac N Cheese (D,G,Mu) Salad & Fruits	Cauliflower & Peas Subzi (D) with Naan (G) Salad & Fruits	Kidney Beans & Corn Subzi (Mu) with Rice Salad & Fruits	Dal (Mu) With Rice Salad & Fruits	Pizza (Ce,D,G) & Chips Salad & Fruits
	Tea-Time Meal	Sandwich (D,G)	Baked Lasagna (Ce,D,G,Mu)	Cheese & Tomato Panini [(D,G)	Veg Puff Pasty (D,G)	Soup & Bread [G]
	Dessert	Berry Yoghurt (D)	-	-	-	-
WEEK 3	Main Option	Pasta Arrabiata (Ce,D,G) Salad & Fruits	Dum Aloo (D,Mu) with Naan Salad & Fruits	Dal Makhani (D,Mu) with Jeera Rice Salad & Fruits	Veg Kadhi (D,Mu) & Rice Salad & Fruits	Pizza (Ce,D,G) & Chips Salad & Fruits
	Tea-time Meal	Sandwich (D,G)	Vegetable Tart (Ce,D,G)	Quesadillas (D,G)	Dabeli (G, Mu)	Soup & Bread [G]
	Dessert	Yoghurt Pot [D]	-	-	-	-

Allergens:

(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used