

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
WEEK 1	Main Option	A. Mung Beans & Steamed Rice (Mu, Su) B. Hot Dog & Wedges (G, S, Su) C. Jacket Potato & Topping (D)	A. Peas & Potato Sabji & Naan (G, Mu) B. Pastry & Beans (G, Su) C. Jacket Potato & Topping (D)	A. Shahi Rajma & Jeera Rice (Mu) B. Cheese & Tomato Panini (G, D) C. Jacket Potato & Topping (D)	A. Matar Paneer & Naan (G, D, Mu) B. Pasta Alfredo (G, D) C. Jacket Potato & Topping (D)	A. Black Eye Beans & Rice (Mu) B. Veg Pizza & Chips (G, D) C. Jacket Potato & Topping (D)
	Light Meal	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Fruit Yogurt (D)	Mango Cake (G, D)	Halva (G, D)	Chocolate Cake & Custard (G, D)	Ice Cream (D)
WEEK 2	Main Option	A. Chana Dal & Rice (Mu) B. Sausage, Mash & Gravy (G, D, S, Su) C. Jacket Potato & Topping (D)	A. Veg Korma & Naan (G, D, Mu) B. Chilli Paneer Wrap (G, D, S) C. Jacket Potato & Topping (D)	A. Biryani Rice & Raita (Mu, D, Su) B. Veg Quesadilla & Dip (G, D, S) C. Jacket Potato & Topping (D)	A. Dum Aloo & Naan (G, D, Mu) B. Mexican Wrap & Salsa (G, D, S, Su) C. Jacket Potato & Topping (D)	A. Dal Makhani & Rice (Mu, D) B. Margarita Pizza & Chips (G, D) C. Jacket Potato & Topping (D)
	Light Meal	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Fruit Yogurt (D)	Cinnamon Puffs (G)	Vanilla Cake & Custard (G, D)	Jelly	Pineapple Cake (G, D)
WEEK 3	Main Option	A. Toor Dal & Buttered Rice (Mu, D, Su) B. Spaghetti Bolognese (G, D) C. Jacket Potato & Topping (D)	A. Peas, Cauliflower Sabji & Naan (G, Mu) B. Tofu Stir Fry Noodles (G, S) C. Jacket Potato & Topping (D)	A. Dal Fry & Jeera Rice (Mu, Su) B. Macaroni Cheese (G, D) C. Jacket Potato & Topping (D)	A. Pav Bhaji (G, D, Mu, Su) B. Cheese, Beans & Salad Wrap (G, D) C. Jacket Potato & Topping (D)	A. Khichadi & Yogurt (D, Mu) B. Chilli Paneer Pizza & Chips (G, D, S) C. Jacket Potato & Topping (D)
	Light Meal	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Fruit Yoghurt (D)	Brownies (G, D)	Rice Pudding (D)	Carrot Cake (G)	Chocolate Crispies (G, D)

Allergens:

(D) Dairy (G) Gluten (S) Soya (Se) Sesame (Mu) Mustard (Ce) Celery (Su) Sulphur

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1 : Aug 25, Sep 15, Oct 6, Nov 10, Dec 1

Week 2 : Sep 1, 22, Oct 13, Nov 17, Dec 8

Week 3 : Sep 8, 29, Nov 3, 24

Ekadashi Dates : Sep 3, 17, Oct 3, 17, Dec 1

Menu:- A. Potato Sabji & Bread B. Pizza & Chips (D) C. Jacket Potato & Topping (D)