

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Creamy Tomato Fusilli Pasta (D,G) Panchmela Dal & Rice (Mu)	Enchiladas (D,G) Aloo Mutter & Naan (D,G)	Veg Tart (D,G) Mix Veg Korma (D)	Chili Paneer Wrap (D,G) Pav Bhaji (D, G, Mu)	Pizza & Chips (D,G) Khichidi & Yoghurt (D)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit
	Dessert	Pot Yoghurt (D)	Rice Pudding (D)	Cookies (D,G)	Ladoo (D)	Ice Cream (D)
WEEK 2	Main Option	Penne Arrabbiata (G,D) Yellow Dal & Rice (Mu)	Shepherd's Pie (D,S) Chana Masala Rice	Cheesy Tacos (D) Black Eye Beans & Rice (D,G)	Veggie Burger and Wedges (D) Dal Makhani (Mu, D)	Pizza & Chips (D,G) Spinach Dal & Rice (D, Mu)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit
	Dessert	Fruit Yoghurt (D)	Suji Halwa (D,G)	Cinnamon Puff (D,G)	Flap Jack (D,G)	Ice Cream (D)
WEEK 3	Main Option	Spaghetti Bolognese (D, S,G) Green Mung & Rice (Mu)	Sandwich & Soup (G) Kadhi & Veg Rice (D, Mu)	Dabeli (D,G) Sambar & Rice (D)	Lasagne (G, D) Rajma & Rice (D,G)	Pizza & Chips (D,G) Veg Rice & Yoghurt (D)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit
	Dessert	Berry Yoghurt (D)	Jelly	Chocolate Cake (D, G)	Rice Pudding (D)	Ice Cream (D)

Allergens

D - Dairy | G - Gluten | S - Soya | Mu - Mustard | Ce - Celery | Su - Sulphur

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1 commencing: 2/9, 23/9, 14/10, 18/11, 9/12, 20/1, 10/2

Week 2 commencing: 9/9, 30/9, 4/11, 25/11, 6/1, 27/1

Week 3 commencing: 16/9, 7/10, 11/11, 2/12, 13/1, 3/2