

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Fajita rst veg Pasta Bake (G, D, Ce) Fish Fingers rice & peas (G)	Chick'n Nuggets sweet pot fries (G) Cottage Pie and sauté green veg (D,S,Ce)	Courgette & Tom pesto pasta (G,Ce) Chana Masala & yellow curry rice (Mu,Ce, S)	Kebab & Pita bread and tzatziki dipping (Ce,D,S,Su,G) Moussaka with feta salad (Ce,S,D)	Classic Cheese Pizza & Chips (G,D,Ce) Burger & chips (G,S)
	Light Meal	Jacket Potato & toppings Cheese cucumber sandwich (G,D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Chick'n nuggets wrap (D,G,S) Fresh salad bar, bread & fruits	Jacket Potato & toppings Cheese & Tomato Sandwich (G, D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Crudites & soft cheese bagel (G,D) Fresh salad bar, bread & fruits	Jacket Potato & Toppings Fresh salad bar, bread & fruits
	Dessert	Organic Fruit Yoghurt (D)	Strawberry Jelly	Chocolate cake (G,D,S,Su)	Rice pudding & berries compote (D)	Selection of Ice Creams (D)
WEEK 2	Main Option	Gnocchi al Forno (G,D) Hot dog & b. pot with pickle carrots and fennel (G,S,Su,Mu)	Stuffed peppers with pineapple salsa (S,D) Arrabbiata pasta and cheese (G,D)	Chick'n Biryani (S, Mu, Ce) Mediterranean tarts & rst pot salad (G,Ce,Su)	Asian Asparagette (G, Su, S) Hungarian Goulash and mix herbs baguette (G,Ce,S)	Classic Cheese Pizza & Chips (G,D,Ce) Burger & chips (G,S)
	Light Meal	Jacket Potato & toppings Cheese cucumber sandwich (G,D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Chick'n nuggets wrap (D,G,S) Fresh salad bar, bread & fruits	Jacket Potato & toppings Cheese & Tomato Sandwich (G, D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Crudites & soft cheese bagel (G,D) Fresh salad bar, bread & fruits	Jacket Potato & Toppings Fresh salad bar, bread & fruits
	Dessert	Organic Fruit Yoghurt (D)	Selection of Mousses (D)	Delicacies Flapjack (G,D)	Rice Crispy (G,D,S)	Selection of Ice Creams (D)
WEEK 3	Main Option	Broccoli Mac & Cheese (G,D,Ce,Mu) Sausage Roll & Cajun wedges (G, Ce, S)	Chick'n Parmigiana and pasta (G, S, Ce, D) Thai Red Curry & rice (Ce,S,Mu)	Enchiladas & Salsa (G,D,Mu,Ce,Su) Tofu Stir fry veg Noodles (S,Ce,Su)	Veg Chickpeas Casserole & veg couscous (G,S,Ce) Lemon Pasta, Chick'n & Greens (G, S,D, Su)	Classic Cheese Pizza & Chips (G,D,Ce) Burger & chips (G,S)
	Light Meal	Jacket Potato & toppings Cheese Cucumber Sandwich (G,D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Chick'n nuggets wrap (D,G,S) Fresh salad bar, bread & fruits	Jacket Potato & toppings Cheese & Tomato Sandwich (G, D) Fresh salad bar, bread & fruits	Jacket Potato & toppings Crudites & soft cheese bagel (G,D) Fresh salad bar, bread & fruits	Jacket Potato & Toppings Fresh salad bar, bread & fruits
	Dessert	Organic Fruit Yoghurt (D)	Orange Jelly	Brownie (G,D,S,Su)	Fruit crumble & custard (G,D,Su)	Selection of Ice Creams (D)

Allergens:  
(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

**Please Note:**

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used  
 Week 1 commencing: 26 Feb, 18 Mar, 22 Apr, 13 May, 10 Jun, 01 Jul.  
 Week 2 commencing: 04 Mar, 25 Mar, 29 Apr, 20 May, 17 Jun, 08 Jul.  
 Week 3 commencing: 11 Mar, 15 Apr, 06 May, 03 Jun, 24 Jun, 15 Jul.

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Fajita Roasted Veg Pasta Bake (S, Ce)	Cottage Pie and sauté green veg (Ce, S)	Courgette & Tom pesto pasta (Ce)	Moussaka with fresh salad (Ce, S)	Classic Cheese Pizza & Chips (Ce, S)
	Light Meal	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits
	Dessert	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
WEEK 2	Main Option	Pasta al Forno (S, Ce)	Stuffed peppers with pineapple salsa (Ce, S)	Chick'n Biryani (S, Mu, Ce)	Asian Aspargette (S, Su)	Classic Cheese Pizza & Chips (Ce, S)
	Light Meal	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits
	Dessert	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
WEEK 3	Main Option	Broccoli Mac & Cheese (Ce, Mu, S)	Thai Red Curry & rice (Ce, Mu, S)	Tofu Stir fry veg and Rice (Ce, S, Su)	Veg Chickpeas Casserole and Rice (Ce, S)	Classic Cheese Pizza & Chips (S, Ce)
	Light Meal	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits	Jacket Potato & toppings Fresh salad bar, bread & fruits
	Dessert	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

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