

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Main Option	Tomato Penne Pasta (Ce, G) Vegetable Soup (Ce, G) Jacket Potato & Toppings (D)	Potato Rosti with Cowboy Beans (Ce) Vegetable Risotto (Ce, D) Jacket Potato & Toppings (D)	Veggie Hotdog & Coleslaw (G,S) Butterbean Goulash & Mash (Ce, D) Jacket Potato & Toppings (D)	Creamy Broccoli Gnocchi (G,D) Vegetable Noodles (G,S) Jacket Potato & Toppings (D)	Pizza and Baby Potatoes (G,D) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings (D)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)
	Dessert	Fruit Yoghurt (D)	Fruit Crumble & Custard (G,D)	Rice Pudding (D)	Banoffee Pie (D,G)	Fruity Ice Lolly
<b>WEEK 2</b>	Main Option	Mac & Cheese (G, D, Mu) Tomato Basil Soup (Ce, G) Jacket Potato & Toppings (D)	Bean Quesadilla & Rice (Ce, G, D) Stew & Cheesy Dumplings (G, Mu,Ce,D) Jacket Potato & Toppings (D)	Falafel Pitta & Fries (G,D) Potato & Vegetable Gratin (D, Mu) Jacket Potato & Toppings (D)	Sausage, Mash and Gravy (G,D,S) Chinese Fried Rice (S) Jacket Potato & Toppings (D)	Pizza and Baby Potatoes (G,D) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings (D)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)
	Dessert	Fruit Yoghurt (D)	Jelly and Fruit	Seeded Flapjack (G,D)	Chocolate Cake (G,D)	Fruity Ice Lolly
<b>WEEK 3</b>	Main Option	Pesto Pasta with Cherry Tomatoes (Ce, G) Minestrone Soup (Ce, G) Jacket Potato & Toppings (D)	Chilli, Wedges & Sour Cream (D, Ce) Spinach and Cheese Pastry (G,D) Jacket Potato & Toppings (D)	Sausage Roll and Salad (G,S) Biriyani Rice and Yoghurt (Ce, D) Jacket Potato & Toppings (D)	Vegetable Lasagne (Ce, D, S, G) Tofu Katsu Curry (S, G, Ce) Jacket Potato & Toppings (D)	Pizza and Baby Potatoes (G,D) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings (D)
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)
	Dessert	Fruit Yoghurt (D)	Chocolate Flapjack (G,D)	Cheesecake (G,D)	Fruit Salad	Fruity Ice Lolly

Allergens  
D - Dairy | G - Gluten | S - Soya | Mu - Mustard | Ce - Celery

Please Note:  
Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1 commencing: 2/9, 23/9, 14/10, 18/11, 9/12, 20/1, 10/2  
Week 2 commencing: 9/9, 30/9, 4/11, 25/11, 6/1, 27/1  
Week 3 commencing: 16/9, 7/10, 11/11, 2/12, 13/1, 3/2

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Main Option	Tomato Penne Pasta (G, Ce) Vegetable Soup (Ce, G) Jacket Potato & Toppings	Potato Rosti with Cowboy Beans (Ce) Jacket Potato & Toppings	Hot Dog & Coleslaw (G,S) Butterbean Goulash & Mash (Ce) Jacket Potato & Toppings	Vegetable Noodles (G,S) Jacket Potato & Toppings	Pizza and Baby Potatoes (G) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)	Greens of the Day Fresh Salad Bar, Bread & Fruits (G)
	Dessert	Soya Yoghurt (S)	Fruit Crumble & Custard (G)	Rice Pudding	Fruity Chia Seed Pudding	Fruity Ice Lolly
<b>WEEK 2</b>	Main Option	Mac & Cheese (G, Mu) Tomato Basil Soup (Ce, G) Jacket Potato & Toppings	Bean Quesadilla & Rice (Ce, G) Veggie Stew with Mash (Ce) Jacket Potato & Toppings	Falafel Pitta & Fries (G) Jacket Potato & Toppings	Sausage, Mash and Gravy (G,S) Chinese Fried Rice (S) Jacket Potato & Toppings	Pizza and Baby Potatoes (G) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)
	Dessert	Soya Yoghurt (S)	Jelly and Fruit	Seeded Flapjack (G)	Chocolate Cake (G)	Fruity Ice Lolly
<b>WEEK 3</b>	Main Option	Pesto Pasta with Cherry Tomatoes (G) Minestrone Soup (Ce, G) Jacket Potato & Toppings	Chilli & Wedges (Ce) Jacket Potato & Toppings	Sausage Roll and Salad (G,S) Biryani Rice (Ce) Jacket Potato & Toppings	Vegetable Lasagne (Ce, S, G) Tofu Katsu Curry (S, G, Ce) Jacket Potato & Toppings	Pizza and Baby Potatoes (G) Dahl and Naan Bread (Ce, G) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)	Greens of the Day Fresh Salad Bar, Bread & Fruit (G)
	Dessert	Soya Yoghurt (S)	Fruity Flapjack (G)	Chocolate Brownie (G)	Fruit Salad	Fruity Ice Lolly

Allergens

D - Dairy | G - Gluten | S - Soya | Mu - Mustard | Ce - Celery

Please Note:

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Week 1 commencing: 2/9, 23/9, 14/10, 18/11, 9/12, 20/1, 10/2

Week 2 commencing: 9/9, 30/9, 4/11, 25/11, 6/1, 27/1

Week 3 commencing: 16/9, 7/10, 11/11, 2/12, 13/1, 3/2

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Main Option	Tomato Penne Pasta (Ce) Vegetable Soup (Ce) Jacket Potato & Toppings	Potato Rosti with Cowboy Beans (Ce) Jacket Potato & Toppings	Butterbean Goulash & Mash (Ce) Jacket Potato & Toppings	Vegetable Noodles Jacket Potato & Toppings	Pizza and Baby Potatoes Dahl and Rice (Ce) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit
	Dessert	Coconut Yoghurt	Fruit Crumble & Custard	Rice Pudding	Fruity Chia Seed Pudding	Fruity Ice Lolly
<b>WEEK 2</b>	Main Option	Mac & Cheese (Mu) Tomato Basil Soup (Ce) Jacket Potato & Toppings	Bean Quesadilla & Rice (Ce) Veggie Stew with Mash (Ce) Jacket Potato & Toppings	Falafel Bowl & Fries Jacket Potato & Topping	Chinese Fried Rice Jacket Potato & Toppings	Pizza and Baby Potatoes Dahl and Rice (Ce) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit	Greens of the Day Fresh Salad Bar, Bread & Fruit
	Dessert	Coconut Yoghurt	Jelly and Fruit	Seeded Flapjack	Chocolate Cake	Fruity Ice Lolly
<b>WEEK 3</b>	Main Option	Pesto Pasta with Cherry Tomatoes Minestrone Soup (Ce) Jacket Potato & Toppings	Chilli & Wedges (Ce) Jacket Potato & Toppings	Biryani Rice (Ce) Jacket Potato & Toppings	Cauliflower Katsu Curry (Ce) Jacket Potato & Toppings	Pizza and Baby Potatoes Dahl and Rice (Ce) Jacket Potato & Toppings
	Sides	Greens of the Day Fresh Salad Bar & Fruit	Greens of the Day Fresh Salad Bar & Fruit	Greens of the Day Fresh Salad Bar & Fruit	Greens of the Day Fresh Salad Bar & Fruit	Greens of the Day Fresh Salad Bar & Fruit
	Dessert	Coconut Yoghurt	Fruity Flapjack	Chocolate Pudding	Fruit Salad	Fruity Ice Lolly

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Week 3 commencing: 16/9, 7/10, 11/11, 2/12, 13/1, 3/2