

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	1	Vegetable and chickpea tagine served with cous cous Ce	Roasted vegetable and tomato pasta Ce, G (G/O)	Veggie sausage roll served with roasted new potatoes G, So (V/O)	Vegetable & Lentil Lasagne G, Mk, Ce	Mixed Veg Pizza & Chips G, Ce, Mk (G/O,V/O)
	2	Soup & homemade bread roll Ce, G (G/O)	Vegetable & Bean Crumble Ce, G, Mk, Mu	Veggie chili served with rice Ce	Thai Coconut Curry with Rice	Dahl and Rice Ce
	3	Jacket potatoes with chickpea tagine & salads	Jacket potatoes with baked beans & salads	Jacket potatoes with vegetable chilli & salads	Jacket potatoes with lentil stew & salads	Jacket potatoes with salads & hummus
		Assorted Salads *** Fruit Yoghurt Mk (V/O – So)	Assorted Salads *** Date flapjack G	Assorted Salads *** Sponge cake	Assorted Salads *** Fruit Salad	Assorted Salads *** Ice Cream of the day Mk, (V/O – So)
WEEK 2	1	Butternut squash and chickpea curry and rice Ce	Vegetable Noodles Stir Fry G	Mac'N'Cheese G, Mk, Mu	Veggie sausage and mash served with peas and veg G, Mk, Mu, So, Su	Pizza and wedges with salad G, Ce, Mk (G/O,V/O)
	2	Soup with homemade bread roll Ce, G (G/O)	Homemade crushed potato, vegetable & cheese pie G, Mk	Stuffed peppers Ce	Burritos served with rice and salsa G, Mk, Mu	Coconut and spinach dahl served with naan bread G, Ce, Mk
	3	Jacket potatoes with chickpea curry & salads	Jacket potatoes with baked beans & salads	Jacket potatoes with salads & hummus	Jacket potatoes with kidney bean filling & salads	Jacket potatoes with salads & hummus
		Assorted Salads *** Fruit yoghurt Mk (V/O – So)	Assorted Salads *** Fruit pudding with custard G, Mk	Assorted Salads *** Homemade cake	Assorted Salads *** Fruity Fool Mk (V/O – So)	Assorted Salads *** Smoothie Mk (V/O – So)
WEEK 3	1	Veggie sausage casserole served with roast potatoes G, So, Mu	Mexican Quesadillas with rice & Salsa G,Mk, Ce (V/O)	Pasta Bake Mu G Mk (G/O)	Vegetable cottage pie served with seasonal veg G, Mk, Mu	Pizza & Chips G, Ce, Mk (G/O,V/O)
	2	Soup with homemade bread roll Ce G (G/O)	Aubergine and potato curry with naan G,Mu (G/O)	Beetroot Falafels served with pitta bread Mk, Mu (G/O)	Pesto pasta with roasted tomatoes G, Su (G/O)	Vegetable Stew with peas Ce, Mu
	3	Jacket potatoes with vegetable stew & salads	Jacket potatoes with bean chilli & salads	Jacket potatoes with baked beans & salads	Jacket potatoes with salads & hummus	Jacket potatoes with vegetable stew & salads
		Assorted Salads *** Fruit crumble and custard G, Mk	Assorted Salads *** Fruit yoghurts Mk (V/O – So)	Assorted Salads *** Fruityflapjack G	Assorted Salads *** Jelly and fruits	Assorted Salads *** Ice cream of the day Mk, (V/O – So)

Allergens

G - Gluten | Ce - Celery | Mk - Milk / butter | Mu - Mustard | So – Soya  
G/O Gluten Free Option V/O Vegan Option

All meals are accompanied with Salad bar; fresh breads & fresh fruits are available every day!

Week 1 Commencing: 19th April, 10th May, 7th Jun, 28th Jun, 19th July